



Dear Sta-Fit members,

It has been 9 months since we purchased the Sartell and South St Cloud clubs and 4 months since we acquired Midtown Fitness. Since that time, all three clubs have undergone significant changes and upgrades including...

- Added/replacing about \$150K in new equipment in Sartell, St Cloud and Midtown
- Replaced all of the group exercise equipment in Sartell
- Brought new programs to all three clubs including Alloy (Small Group and Team Training), BogaFit and BodyFlow
- Purchased a new Inbody Scan and we've ordered a new 3D Styku Bodyscan (Sartell) – Tired of the same workout and not happy with the results that you're getting? Look for more information coming in early June. You have nothing to lose but inches!
- Replaced all of the lighting in Sartell to LED lighting
- Replaced all of the flooring and locker room carpets in Midtown.
- Tennis dome – The new tennis dome has been ordered and will be ready for play come fall.
- New strength and circuit equipment coming to Midtown

Our goal is to provide our members with exceptional customer service and an encouraging fitness environment. Positive member experience is of utmost importance to us. That includes a commitment to cleanliness and always well-maintained equipment. If at any time we aren't meeting your expectations, please feel free to drop us an email and/or stop us in the clubs.

One quick reminder of a special event coming up next month. Sunday June 24th – Sta-Fit is sponsoring the Granite City 5K and 1K down at Lake George. Bring your family and enjoy the day down at Lake George. Race starts at 8a. Register on line at stcloudgranitecitydays.com. Come help represent Sta-Fit!

Starting this month, you will be receiving a monthly member newsletter through your email. This newsletter will communicate new programs and services being offered at the club, as well as important member information. We sincerely appreciate your business and promise to continually strive to exceed your expectations.

In Good Health,

Trevor Goodwin

Owner

Dr. Michael Balfanz

Owner